

EAT WELL
TO EXCEL

MENU 2 Week commencing: 15 January 2018

£2.20 per day/FS, Year 1 & Year 2 Eat for Free

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u> <u>Census Day</u>	<u>Friday</u>
Main Course: 	Chicken Maryland Pie** with Mashed Potatoes	Ham & Cheese Pizza** With Pasta	Roast Beef & Yorkshire Pudding with Roast Potatoes	Sausages or Salmon Goujons With Chips	Chicken Korma & 50/50 Rice
Vegetables: 	Green Beans Cauliflower	Sweetcorn Peas	Brussel Sprouts Carrots	Peas Baked Beans	Cabbage Swede & Carrots
Fresh Bread: 	Seeded Loaf	Crusty Bread	Farmhouse Loaf	French Stick	Naan Bread
Salad:	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
Dessert: 	Iced Buns** Treacle Sponge** & Custard	Chocolate Brownie** Jelly Water Melon Slice	Oatie Cookies** Lemon Mousse Slice	Chocolate Muffin** Shortbread**	Fruit Crumble** & Custard Carrot Cake**
Vegetarian Option: (Pre-ordered & Dietary Need only)	Cheese & Potato Pie**	Cheese & Tomato Pizza** with Pasta	Quorn Vegetable Grills with Roast Potatoes	Vegetable Fingers with Chips	Quorn Vegetable Korma with 50/50 Rice



Yoghurts...

Fruit Pots



or Milk



also available everyday as a dessert selection

You can pay for school meals on line at SchoolComms. Dinners should be paid for in advance or on the day taken.

