


EAT WELL  
TO EXCEL

**MENU 2 Week commencing: 13 November 2017 £2.20 per day/FS, Year 1 & Year 2 Eat for Free**

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>Main Course:</b> 	Jacket Potato with Tuna or Cheese	Beef Bolognaise with Penne Pasta	Roast Chicken and Stuffing with Roast Potatoes	Chilli Con Carne (mild) with 50/50 Vegetable Rice	Battered Chicken Chunks Chips
<b>Vegetables:</b> 	Baked Beans Coleslaw	Sweetcorn Green Beans	Carrots Peas	Broccoli Mixed Veg	Mushy Peas Baked Beans
<b>Fresh Bread:</b> 	Crusty Bread	Garlic Bread	Wholemeal Bread	Tortilla Triangles	Sesame Seeded Loaf
<b>Salad:</b>	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
<b>Dessert:</b> 	Jelly Chocolate Crispie Cakes	Apple & Strawberry Crumble with Custard Shortbread	Water Melon Slice Oat Biscuits Iced Cup Cakes	Chocolate Sponge Strawberry Mousse Tubs	Ginger Biscuits Cherry Flapjack
<b>Vegetarian Option:</b> <u>(Pre-ordered &amp; Dietary Need only)</u>	Jacket Potato & Cheese	Veggie Bolognaise with Penne Pasta	Tomato & Cheese Quiche with Roast Potato	Quorn Mince Chilli (Mild) with 50/50 Vegetable Rice	Veggie Fingers with Chips



Yoghurts...

Fruit Pots



or Milk



also available everyday as a dessert selection

You can pay for school meals on line at [SchoolComms](http://SchoolComms). Dinners should be paid for in advance or on the day taken.

